



School of Education
UNIVERSITY OF WISCONSIN-MADISON

OT *Matters*

SUMMER 2017

News for alumni and friends of the Occupational Therapy Program

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Dorothy Farrar-Edwards'
interdisciplinary work
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examining effects
of aging, functional
independence

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Farrar-Edwards' interdisciplinary work on leading edge of examining effects of aging, functional independence



Dorothy Farrar-Edwards

UW-Madison's Dorothy Farrar-Edwards has dedicated much of her career to multidisciplinary research projects analyzing the effects of aging on functional independence.

"The central goal of my work is to contribute to the understanding of quality-of-life issues and well-being in older adults," says Farrar-Edwards, a Vilas Distinguished Achievement Professor of occupational therapy with the Department of Kinesiology. "By studying the impact of cognitive and physical impairment on activities of everyday life, we're able to explore questions of functional performance and treatment in different populations."

In particular, much of her work examines the impact of stroke and neurological impairments, such as Alzheimer's disease, on occupational performance. While Farrar-Edwards also holds appointments with the departments of Medicine and Neurology in UW-Madison's School of Medicine and Public Health, two of her current projects align closely with the field of OT.

One study is looking at whether there is an optimal period when therapy is most useful in helping a patient who has suffered a stroke and lost arm or hand function. This National Institutes of Health-backed project is called, "Critical Periods After Stroke Study (CPASS): Sensitive Periods and Consumer Preferences – Optimizing UE Stroke Rehabilitation." The project is being led by Dr. Alexander Dromerick of the MedStar National Rehabilitation Hospital at Georgetown University.

Stroke is the leading cause of adult disability in the United States, with the U.S. Centers for Disease Control and Prevention reporting that about 795,000 Americans have a stroke each year — and half suffer from chronic hemiparesis, or weakness on one side of the body.

Although fewer are dying of stroke today than in previous decades due to prevention measures, Farrar-Edwards explains that there haven't been great advances in recent years when it comes to helping people recover from the effects of a stroke.

What's unique about the stroke study that Farrar-Edwards helped develop is it allows patients to choose which hand- and arm-use activities they want to work on — instead of having such rehabilitation treatment be the same for every person. Some patients want to work on being able to use a computer again, for example, while others are more interested in returning to various physical activities or regaining more sophisticated dressing skills, such as buttoning cuffs or tying a tie.

"One woman wanted to be able to read her old, floppy bible and be able to turn the onion-skin pages without tearing them," says Farrar-Edwards. "Stroke therapy is very frustrating, painful and hard, so the idea is that by having patients work on something that's meaningful to them, they will work harder and stay engaged longer."

Participants in the study are broken into four groups, with one receiving an additional 20 hours of upper extremity therapy within 30 days of stroke. Another group receives that extra work two to three months after stroke, a third does the therapy six to nine months later, and a control group receives an additional 20 hours of therapy after completion of the one-year study evaluation.

"The central goal of my work is to contribute to the understanding of quality-of-life issues and well-being in older adults. By studying the impact of cognitive and physical impairment on activities of everyday life, we're able to explore questions of functional performance and treatment in different populations."

— Dorothy Farrar-Edwards,
Vilas Distinguished Achievement Professor
of Occupational Therapy, Department of Kinesiology



Data from the study, which are still being collected, will be used to see if a period exists when it is optimal to provide rehabilitation. Study results may also indicate whether current resources can be better targeted to promote recovery.

Another interdisciplinary project Farrar-Edwards is undertaking is the development of the Menu Task, which is a quick and easy-to-administer screening tool to help determine functional cognition — or whether one possesses the mental and performance skills necessary for independent living. These skills, often referred to as instrumental activities of daily living (IADL), include things like meal preparation, the ability to get around in a community and financial management skills.

The Centers for Medicare and Medicaid Services (CMS) is considering asking healthcare providers to check on the functional cognition of patients being released from the hospital. Identifying people who are unable to live independently could reduce costly hospital readmissions, emergency department utilization and caregiver burden.

Farrar-Edwards and colleagues Gordon Giles of Samuel Merritt University in Oakland and Timothy Wolf at the University of Missouri in Columbia, have developed and are testing the reliability and validity of the Menu Task tool, which can be easily administered by any health care provider.

The test looks like a hospital food menu, and participants are asked to adhere to a set of rules while ordering off the menu — such as “select one meal item for each of the following meals: breakfast, lunch and dinner” and “select two or more Heart Healthy food items,” signified by a heart icon. Those who don’t pass the Menu Task would then undergo a more detailed assessment to determine if they possess the cognitive and physical skills for independent living.

A team of five UW–Madison students with the Master of Science in Occupational Therapy Program helped administer the test to more than 200 people around the Madison area.

“Our OT students did much of the hard and important work of collecting much of this data,” says Farrar-Edwards, who played a leading role in designing the research project.

Early results indicate the Menu Task is both reliable and valid, although more research is needed.

“The Menu task could play an important role in helping identify people who could benefit from the outstanding work done by those in the field of occupational therapy,” says Farrar-Edwards.



Letter from the Director

Over the next year, alumni, students, faculty, preceptors and friends of UW–Madison’s OT Program will spend significant time reflecting on our past and envisioning our future.

Energy and enthusiasm are building for the UW–Madison OT Program’s 75th Anniversary Celebration to be held Sept. 13–15, 2018. We anticipate three days of connecting, reflecting and reminiscing on the adventures, history and accomplishments of our 2,000-plus graduates. Alumni are actively planning the event and we invite you to join the effort. On the back page, you will find further details, including ways to ensure that you receive an invitation.

We are also in the midst of a self-study in preparation for the 10-year review of our MS-OT Program and ACOTE accreditation site visit in April of 2018. Reflecting on the past 10 years, our successes and the areas where we can envision new possibilities is rewarding and stimulating. We will be inviting some of you to join us in this process over the next few months.

The moments between reflection and visioning are times of accomplishment, transition and change. This year is no exception as we wished the best in new career ventures to long-time colleagues Terri Pope, Lisa Blochwitz and Debbie Bebeau, EdD, OTR. We welcomed Steven Wright and Danielle Seib to our administrative team, and Josh Brown, OTD, OTR, as our Associate Academic Fieldwork Coordinator. Enjoy reading about the accomplishments of students, alumni and faculty in this edition of “OT Matters.”

Stay in touch and On, Wisconsin!

— **Ruth Benedict**
Director, UW–Madison
Occupational Therapy Program



Hasselkus named one of OT's 100 most influential people

UW–Madison Professor Emerita Betty R. Hasselkus was recognized earlier this year by the American Occupational Therapy Association (AOTA) as one of the 100 Influential People in the 100-year history of OT.

AOTA celebrated its centennial and honored Hasselkus during the 2017 Annual Conference in Philadelphia March 30 to April 2.

On a web page highlighting Hasselkus' importance to the field, the AOTA explains how she has "influenced the thinking, actions, and direction of the occupational therapy profession through her exemplary research, teaching, practice and service. Her work illuminates the nature of everyday occupational experience and the lived experience of engaging in meaningful activities. Hasselkus' work consistently focused on the meaning of doing and the role of occupational therapy in supporting participation and engagement in everyday activities."

Hasselkus was editor of the American Journal of Occupational Therapy from 1998 to 2003, introducing the Evidence-Based Practice Forum. Hasselkus has been published over 90 times in scholarly journals and texts, and received the Eleanor Clark Slagle Award in 2005.

Larson receives inaugural 4W Innovation Award

UW–Madison's Elizabeth Larson, an associate professor of occupational therapy, became the first recipient of the 4W Innovation Award this past spring.

The 4W Program (Women, Well-being in Wisconsin and the World) is a collective of interdisciplinary leaders focused on improving the quality of women's lives in local and global communities. This new award, supported by the Women's Philanthropy Council, is intended to support a key research-to-action initiative that will benefit women's health and well being, and improve gender equity.

Larson was recognized at the second annual 4W Summit April 27-29 for her proposal to advance "5Minutes4Myself" and to lay the foundation to develop this wellness program for caregivers of children with autism as a deliverable service.

The "5Minutes4Myself" program was developed over five years with and for caregivers. Using motivational interview-

ing to support behavior change in daily life, coaches work with caregivers to identify goals, make practical plans and build new habits. The program is designed to deliver individually tailored habit-building supports and coaching for an occupation-based wellness program.

Each caregivers' program, with the "5Minutes4Myself" intentional individualized design process, fits her or his life constraints and is intended to promote participation in activities that bolster mental and physical health, and well being.



Travers part of two new interdisciplinary studies

UW–Madison's Brittany Travers is playing an important role in two new and unique interdisciplinary research projects that received funding through different campus sources.

One study is titled, "The Human Microbiome in Health and Disease," and it's one of 21 projects across campus that received backing via UW2020 WARF Discovery initiative awards. The goal of UW2020 is to stimulate and support cutting-edge, highly innovative and groundbreaking research at UW–Madison.

Travers is a co-principal investigator on this UW2020 project that includes researchers from across campus and is being led by Cameron Currie, a professor of bacteriology. This study will launch two areas of research in microbiome science: using the human microbiome, or fecal samples, as a source of new drug leads; and identifying metabolites that serve as biomarkers for early life diseases like asthma and autism, and aging diseases such as Alzheimer's.

It's estimated that more than a trillion bacterial cells are present in the human gastrointestinal tract alone, while microbes also grow on our skin, in our mouth, and most everywhere. These microbes play a critical role in determining human health and disease. Travers will be investigating the microbiome in relation to brain metrics in individuals with autism spectrum disorder.

The other new project Travers is involved with is titled, "Learning and Decision Making in Autism and Typical Development," which is supported by the UW Institute for Clinical and Translational Research (ICTR). Travers is a principal investigator on this study with Ari Rosenberg of the Department of Neuroscience.

This project, over several sessions, will utilize learning and decision-making video games to look at adolescents 13 to 17 in



an effort to better understand the brain, learning, and decision making of individuals with autism and typical development.

Travers is an assistant professor with the Occupational Therapy Program and director of the Motor and Brain Development Lab within the university's Waisman Center. This lab is dedicated to advancing knowledge about motor development, brain development and independent living skills to promote and enhance quality of life for individuals with and without developmental disorders.

UW–Madison's OT Program ranked among best in nation

UW–Madison's Occupational Therapy Program remains one of the very best in the nation, according to the Best Education Graduate Schools ratings from U.S. News and World Report.

According to U.S. News' most recent Occupational Therapy program specialty rankings, as voted on by program directors and faculty in health disciplines, UW–Madison's program ranked 14th out of 163 U.S. programs, and is second among all Big Ten Conference institutions.

The success of UW–Madison's OT Program is rooted in its outstanding faculty, staff, students and alumni; cutting-edge basic and applied research; and degree program quality.

In the past five years, OT faculty at UW–Madison were awarded more than \$8 million in federal research grants from the National Institutes of Health.

OT Practice magazine spotlights work of UW scholars

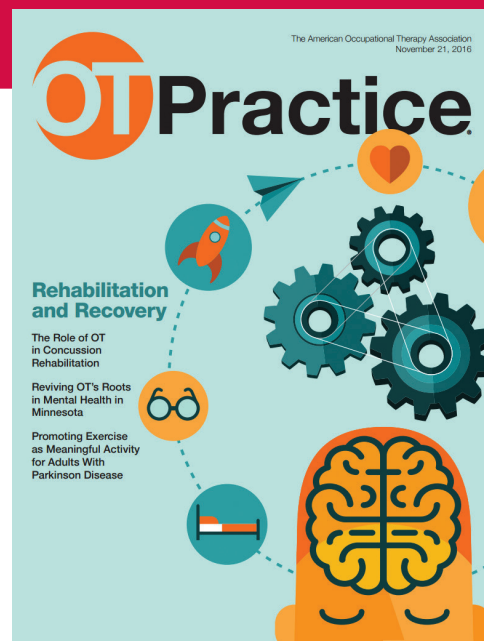
A team of scholars from UW–Madison published an article examining how exercise interventions that are rooted in meaningful activity may be especially beneficial to helping adults with Parkinson's disease. The report, which appeared in the Nov.

21, 2016 OT Practice magazine, is headlined, "Dancing the Tango: Promoting Exercise as Meaningful Activity for Adults with Parkinson Disease."

The article is authored by faculty, staff and students with the Occupational Therapy Program and includes second-year students in the Master's of Science in OT Program Katrina J. Lathrop, Amy L. Malsch, Rachel N. Massart and Sophie E. Goloff. Co-authors also include Deborah Bebeau, a clinical assistant professor and academic fieldwork coordinator with the OT Program, and Kristen Pickett, an assistant professor with the OT Program.

According to the report, use of community-based therapeutic exercise will significantly increase quality of life for people living with Parkinson's disease (PD). Not only does research show that "exercise programs may effectively slow the progression of functional decline in individuals with PD," the social aspect of programs will decrease symptoms of depression and stress.

Tango is one example of occupation-based therapeutic activity among many, and is especially effective for people with PD because it includes a wide range of movements in all directions.



Around the OT Program ...

- OT Program faculty members Karla Ausderau and Elizabeth Larson in April were inducted as UW–Madison Teaching Academy Fellows. Fellowship in the Teaching Academy is an honor bestowed on individuals who have demonstrated teaching excellence, are recognized and nominated by their peers, and are committed to advancing the mission of the Academy, which promotes, recognizes and supports excellence in teaching and learning among faculty, staff and students across campus and beyond.
- For five consecutive years, all graduates of UW–Madison's Master's of Science in Occupational Therapy Program have passed the National Board for Certification in Occupational Therapy (NBCOT) exam on their first try.
- The three OT Programs within the University of Wisconsin System — UW–Madison, UW–Milwaukee and UW–La Crosse — combined forces to host another alumni and friends party during the American Occupational Therapy Association's Centennial Conference in March. The event was held at Magiano's Restaurant in Philadelphia and was a perfect setting for connecting with 115 fellow Badgers, Panthers and Eagles. The next such gathering will be held in Utah. Look for your alma mater in Salt Lake City in April 2018.

Karla Ausderau, PhD, OTR/L



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Ruth Benedict, Dr. P.H., OTR

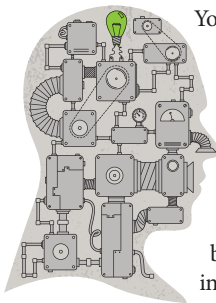
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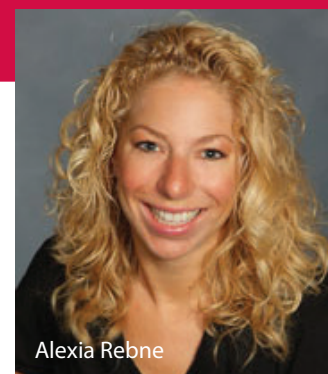
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Depth, rigor of part-time, online program sets up OT professionals to become leaders in the field



Alexia Rebne

If you're an occupational therapy professional looking to advance your career and become a leader in the field through flexible online learning, UW-Madison's post-professional Doctor of Occupational Therapy (OTD) degree program could be an outstanding option.

But if you're searching for the cheapest, fastest route to receiving a doctor of occupational therapy degree, Sharon Gartland doesn't hesitate to explain to such prospective students that UW-Madison likely isn't the best fit.

"All degrees," Gartland says bluntly, "are not created equal."

Gartland is a clinical assistant professor of occupational therapy and director of UW-Madison's post-professional OTD Program, which launched in 2016 with three students and tripled in size this summer with nine OT professionals joining the program's newest cohort.

UW-Madison's OTD Program allows professionals to pursue a highly regarded education while continuing to work full time. It takes three years (nine semesters) of part-time coursework and is completely online, except for a final capstone project presentation.

The program is designed to bolster students' skills in leadership, advocacy, inter-professional practice and research translation.

In particular, the program will help students acquire the skills to: become innovative entrepreneurs; train emerging professionals in the classroom and at clinical sites; apply evidence in support of practice interventions; fill gaps in health care leadership and management; respond to policy initiatives; and design innovative programs that work.

"What really sets us apart is the depth and rigor of the curriculum, plus access to our OT faculty and staff who are known around the world for their groundbreaking research," says Gartland, noting how UW-Madison's OT Program is ranked 14th in the nation according to U.S. News and World Report's most recent annual graduate school rankings.

DOCTOR OF OCCUPATIONAL THERAPY PROGRAM

DELIVERY: Online, except for capstone presentation

CREDITS: 34 graduate credits

TIME FRAME: 3 years, part-time

TUITION: \$1,150 per credit

DEGREE AWARDED: Doctor of Occupational Therapy (OTD)

OFFERED BY: UW-Madison School of Education

Learn more at:

advanceyourcareer.wisc.edu/degrees/occupational-therapy/

"I truly feel that the access to resources and the opportunities to receive education and mentoring from faculty at UW-Madison are unmatched.

The Occupational Therapy Program at UW-Madison has a rich history, and a very strong reputation.

At UW-Madison there are endless opportunities for learning and collaboration across multiple campus departments."

— Alexia Rebne

"Students have the opportunity to engage in inter-professional collaborations to address urgent and complex problems related to health, daily functioning and well-being," adds Gartland. "Those in our program can bring current practice problems to the learning environment, work with peers and faculty to generate strategies and solutions, and learn how to apply newly acquired knowledge."

Alexia Rebne, who earned a bachelor's degree from UW-Madison in 2005 and a master's in occupational therapy in 2007, echoed Gartland's comments when talking about her decision this past year to join the latest OTD cohort.

"I truly feel that the access to resources and the opportunities to receive education and mentoring from faculty at UW-Madison are unmatched," says Rebne, who is currently working as the admissions coordinator for UW-Madison's master of science in OT Program. "The Occupational Therapy Program at UW-Madison has a rich history, and a very strong reputation. At UW-Madison there are endless opportunities for learning and collaboration across multiple campus departments."

The UW-Madison OTD Program was launched due to growing market demands for health service managers and leaders who can help change the world. The Bureau of Labor Statistics projects a 23 percent increase in available positions for health service managers over the next decade.

Rebne says she's confident that earning the OTD will open new doors for her in educational settings and that she hopes to remain connected to educational institutions.

"I once heard someone say that we should leave our profession in a better place than we found it," says Rebne. "I love the profession of occupational therapy and I want to have the ability to contribute to the profession at a greater level."

Featured Alumna



Kuypers develops framework to teach self-regulation skills called 'The Zones of Regulation'

After earning an undergraduate degree in occupational therapy from UW–Madison in 2001, Leah (Schock) Kuypers worked as an OT and autism resource specialist in public schools and outpatient facilities.

Through her practice in the schools, Kuypers became concerned with the high rate at which students on her caseload were struggling with both sensory and emotional regulation.

In addition, Kuypers notes how her students were being punished for disruptive conduct instead of being taught skills to control their behavior.

“UW–Madison instilled in me the importance of helping people become functionally independent — and in this case engaging meaningfully in school,” says Kuypers.

To help students do just this, Kuypers developed a framework to teach self-regulation skills called “The Zones of Regulation.” She created The Zones curriculum in 2008 as part of a capstone project while earning a master’s degree at Hamline University in St. Paul, Minn. She expanded that work and published “The Zones of Regulation” book in 2011, and rolled out apps by the same name in 2013 and 2016.

Kuypers’ model categorizes emotions and internal sensory states into four color-coded zones — blue, green, yellow and red — providing a visual structure and vocabulary to support students in identifying how they’re feeling. The Zones also helps students organize their regulation strategies and tools into each colored zone to ease in self-management.

Kuypers is developing a board game for release in the fall of 2017 that will compliment The Zones’ framework and is starting on a second edition of the book.

“The UW–Madison OT Program taught me how to think about different ways to give children the highest quality of life possible,” says Kuypers.

2017 Thompson Memorial Lecture



Gordon Giles

The Occupational Therapy Program’s annual Caroline Goss Thompson Memorial Lecture and Reception will be held Thursday, Sept. 28 at the Discovery Building on the UW–Madison campus.

Please join us for this special event, which runs from 5 to 8 p.m. and includes a welcome reception and presentation from Gordon Giles, a world-renowned expert in rehabilitation following traumatic brain injury and other forms of acquired neurological impairment. Giles is a professor at Samuel Merritt University in Oakland, Calif., and director of neurobehavioral services at Crestwood Behavioral Health, Inc. He will be presenting a keynote talk titled, “Two Approaches to Neurocognitive Rehabilitation: Skills or Strategies.”

Preceptor of the Year

During the event, UW–Madison’s OT Program each year recognizes a person, or a group of people, who excel at instructing and supervising UW–Madison OT students during their field experiences.

In 2017, the Preceptor of the Year award is going to the Occupational Therapy Team at Divine Savior Healthcare.

This dedicated and talented team serves the rural community of Portage, Wis., and its surrounding area, and includes therapists in the settings of outpatient, acute care, skilled nursing and home health.

This accomplished team includes: Traci Champion, Peggy Dalton, Amy Hall, Kayla Johnson, Samantha Krebs, Jenny Krey, Kali Shepard, Nicole Sletten, Florina Slevoaca, Alison Tobison, David Vorpahl and Karissa Youra.



OT Team at Divine Savior Healthcare.

To register for the Thompson Memorial Lecture and Reception, visit: facebook.com/UWMadisonOT/



Outreach and service

The Student Occupational Therapy Association (SOTA) at UW–Madison served the Madison community through its partnerships with Fit Club and the Badger Childhood Cancer Network (BCCN). Fit Club is an adapted fitness group for adults with disabilities. SOTA members volunteered each week to accompany Fit Club members and help adapt activities.

Students also volunteered with BCCN by playing games and completing crafts with children while parents attended a caregiver support group.

During the course of the past year SOTA members also participated in other events, including: the MEDLIFE Hustle for Women's Health Race; the National Alliance on Mental Illness (NAMI) walk; and Dairyland Games adaptive sports. SOTA members also volunteered in the Body Donor Ceremony that honors individuals who donated their bodies to the university.

SOTA students this year also created a mentorship program for incoming students with UW–Madison's Master of Science in Occupational Therapy (MSOT) Program. Incoming students were matched with second-year students based on common interests. SOTA students held a social this summer and plan on having several socials this fall to mentor MSOT students throughout their first year.

Student Spotlight

UW–Madison's Caitlin Rhoten was awarded with the American Occupational Therapy Foundation's (AOTF) newest scholarship, the Lela Llorens Scholarship. Recipients of this scholarship have demonstrated outstanding leadership in SOTA and as a member of the Black Occupational Therapy Association/Caucus.

Rhoten along with another MSOT student, Toni Solaru, co-founded Diverse OT. This student organization aims to provide opportunities for education



Don Anderson poses with UW-Madison student Caitlin Rhoten, who received the Linda Anderson Memorial Scholarship, which was established in Linda Anderson's Memory.

and discussion on diversity and inclusion within the MSOT Program and the greater UW-Madison campus. The organization also strives to create a pathway for marginalized and underrepresented students into the MSOT Program. Diverse OT received the 2017 Bucky Award for Social Justice Advocacy, an honor sponsored by UW-Madison's Multicultural Student Center.

Student news ticker ...

- ➔ Eight MSOT students had their "Critically Appraised Paper" accepted for online publication in the American Occupational Therapy Association's (AOTA) Evidence Exchange. The faculty advisor for each of these papers was Assistant Professor Karla Ausderau. The students who were published are: Kristen Bochenek, April LeGrave, Kate Dorrance, Colleen Althoff, Caitlin Dammann, Molly Hamre, Sarah Hope, and Jessica Abrams.
- ➔ In the spring, occupational and physical therapy students organized and attended a rehabilitation job fair. This gave students the opportunity to connect with employers throughout the region.
- ➔ The MSOT class of 2017 graduated at Camp Randall Stadium on May 13, 2017. Students enjoyed a banquet organized by SOTA. On June 9, the Occupational Therapy Program welcomed the MSOT class of 2019 at the Discovery Center.

STUDENT SCHOLARSHIP WINNERS

Elizabeth Roughton Travel Award

Sarah Achterhof (Steffen), Caitlin Dammann, Katelyn Dorrance, Molly Hamre, Timothy Marks, Braeden Padesky, Victoria Larkin

Mildred Averill Scholarship

Danielle Cruise

Jean Kiernat Scholarship

Hayley Engel

Lucile Schreiber and Wendel A. Witkay Scholarship Fund

Caitlin Rhoten, Rachel Eggers, Sarah Curtis

Amelia Doyon Scholarship

Robin Meyer

Linda Anderson Memorial Scholarship

Caitlin Rhoten

Caroline G. Thompson Scholarship

Aaron Gilmour

Education Graduate Research Scholars (EdGRS)

Monica Daleccio, Erika Hoffman, Brittany Nguyen, Michele Severson

Caroline Goss Thompson Distinguished Graduate Fellowship

Brittany St. John

AOTF Scholarship Awardees

Lela Llorens Endowed Scholarship

Caitlin Rhoten

Wisconsin Occupational Therapy Association Endowed Scholarship

Kristin Lillie

Alumni Updates



CLASS OF 1966 **50-YEAR** REUNION

Eight members of the UW–Madison OT Class of 1966 gathered on campus in September 2016 to celebrate their 50-year reunion. Current students and faculty were charmed by the personalities, UW stories and career accomplishments of these alumni. Coordinated by Toni Walski ('66), the group attended the Caroline G. Thompson Memorial Lecture, toured campus, learned how the OT Program is moving “forward” and attended a Badger football game.

We look forward to seeing them again in 2018 as the OT Program celebrates 75 years.

STAY IN TOUCH!

If you didn't receive our call for alumni updates, it likely means we don't have your current email address.

This means you're also missing out on updates about our upcoming **75th Anniversary Celebration of UW–Madison's Occupational Therapy Program**, which will be held **Sept. 13-15, 2018**.

To be added to our lists, please contact the OT office at **otoffice@education.wisc.edu**

Joyce Campbell Beals — BS 1952

Joyce received her OT certification in 1953, and currently lives at Mary's Woods in Lake Oswego, Oregon. Joyce reports that she is enjoying a good life.

Linda Berigan Schwehr — BS 1968

Linda has retired from working in schools as an itinerant therapist, and now spends her time gardening and visiting grandkids in Seattle and Santa Cruz. Linda's husband passed away two years ago, and she says she would love to know where all of the class of 1968 now lives.

Carlene Ann Thorstad Roberts — BS 1969

Carlene has been retired from OT for 12 years.

Suzanne Crnkovich Perket Ervin — BS 1972

Suzanne thanks the faculty at UW for her wonderful and varied ride as an OT. She says she has been fortunate to have a good-sized OT contract company with many OTR's as employees (one of the first in the nation!). Suzanne has been a national consultant in LTC and a consultant to national and state organizations to guide the future of senior care. She also worked as a specialist in outpatient and community services, and published books and articles. Currently, Suzanne provides NEMT to seniors in Springfield, Missouri, her home away from Wisconsin. Suzanne has joined her son and his wife in Oakland, Calif., to aid in the care of her brother's 2-year-old twin granddaughters. Suzanne has also started working part-time in home health in the East Bay Area to continue helping seniors. Suzanne also volunteers at North Oakland Village, a service group that helps seniors stay in their homes. Suzanne says she hopes to reconnect with OTs she has met and worked with through the years.

Violet Anderson — BS 1973

After working for 43 years as an occupational therapist, Violet is fully retiring at the end of this year. Violet thanks her great education for enabling her to have this career.

Judy Hill — BS 1975

After 40 years of clinical, research and administrative opportunities at the Rehabilitation Institute of Chicago, now Shirley Ryan AbilityLab, Judy has “graduated” from work and looking forward to travel, reconnecting with old friends and acquaintances and finding new ways to contribute. Judy hopes to work on universal healthcare initiatives and environmental issues.



Maureen Schroeder Engh — BS 1976

Maureen is retired after a career of working both in the United States and Oslo, Norway, primarily in home health. Maureen sings in a choir, paints children's chairs, knits, hikes, does yoga and volunteers. Maureen says she is still an OT and builds up handles for herself, considers energy conservation and safety techniques for herself and her family, thinks imaginatively and always tries to be creative. Maureen thanks the great teachers she had at Madison.

Ann Lindberg — BS 1975

Ann works three days per week in early intervention with a focus on feeding issues. Ann's plan is to decrease to two days per week when she turns 66 in March of 2018. Ann lives with her retired husband in Greensboro, N.C. Ann reports she is taking a lot of watercolor painting classes as well as doing yoga.

Ginger Grass McDonald — BS 1976

Ginger is serving as program chair for the 2017 annual conference of the Ohio Occupational Therapy Association to be held in Dayton, Ohio, Nov. 3-4. She has been active promoting her book, "Self-Care With Flair!", presenting at AOTA, BAOT, and many local state OT and autism conferences since the book was first published in 2012. This book helps OTs, teachers and parents teach 56 basic self-care skills to children with disabilities using pictures and rhymes. It is available through Therapro and Amazon.

Judith Schmidt — BS 1976

Judith has been retired for three years. She has started two community initiatives since then: Kaleidoscope Art, which provides art workshops to children and adults in three shelters in Sheboygan, Wis.; and I Made New Again, which provides clothing and other services to homeless individuals and other people facing economic challenges for job interviews and work in Sheboygan.

Mary Q Frear — BS 1977

Mary is retired.

Debora Olsen Oliveira — BS 1977

Debora says that the foundation she received at the University of Wisconsin has been the cornerstone of her career. She is currently the program director at Florida A&M University's Division of Occupational Therapy, after several more degrees and many years as a clinician. Currently, Debora is researching client autonomy and chronic disease. She says that seeing new occupational therapists embark on their career in occupational therapy is rewarding and a good way to end her career that began at Wisconsin.

Wayne L. Winistorfer — BS 1977

Wayne serves as the American Occupational Therapy Association's elected Ethics Commission Chairperson. He co-authored an Ethics Advisory Opinion, "Ethical Considerations for Occupational Therapy Assistants in Management Roles," which was published in November 2016. Wayne also authored a chapter, "Reimbursement: Ethical Considerations for Getting Paid — and Fairly" in the 2015 edition of "Practical Applications for the Occupational Therapy Code of Ethics," a textbook edited by Janie Scott and Maggie Reitz. Wayne works as regional director of Rehab Services for Ascension Wisconsin, in the Fox Valley Region. He also is an adjunct instructor in the OTA Program at Fox Valley Technical College in Appleton, and the TMOT Program for Concordia University-Wisconsin.

Terri Grasser — BS 1981

Terri is the OTR/operational manager at Therapies Plus, pediatric outpatient therapy clinics in Wisconsin Rapids and Wausau, Wis.

Jane Rust Peste — BS 1982

Jane is retired.

Juelaine Druckrey — BS 1984

Juelaine has specialized in pediatrics in outpatient and inpatient settings for the past 24 years, first at UW Hospital and Clinics, followed by Birth to Three Early intervention, and since 2010 she has worked at Meriter-Unity Point Health. She is specializing in developmental therapy in the neonatal intensive care unit and certified in neonatal massage.

Lynn Chassee — BS 1987

Lynn reports that she continues to enjoy retirement. Travel has become a large part of her life. She is travelling to Europe again this fall to the countries of Austria, Switzerland and Germany. Lynn continues to enjoy adventures with her grandchildren and celebrated her 60th birthday with a surprise trip to Washington D.C., with her son and was treated to a wonderful brunch cruise on the Odyssey in Chicago with her daughter. Lynn is an usher at the Paramount Theater in Aurora, Illinois, that enables her to meet some interesting people.

Joe Handrick — BS 1996

After many years of serving as the state lobbyist for the Wisconsin Occupational Therapy Association, Joe is now an administrator at the Wisconsin Department of Workforce Development. At DWD, Joe has served as administrator of the Equal Rights Division and the Division of Unemployment Insurance.





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**UW-Madison
Occupational Therapy Program
75th
Anniversary Celebration
Sept. 13-15, 2018**

Save the Date!
The 75th Anniversary of
UW-Madison's
Occupational Therapy Program
is scheduled for Sept. 13-15, 2018.
Now is the time to
plan to attend the festivities.

The celebration kicks off with a Welcome Event at Tripp Commons and Memorial Union Terrace on Thursday, Sept. 13th. An educational Symposium and celebratory banquet will be held on Friday, followed by an Alumni Social prior to the Badger Football game on Saturday, Sept. 15th. This is a great opportunity to connect with former classmates and faculty, to see what's new in OT, and to visit Madison. We hope you're ready for an educational and fun-filled event.



For more information, visit the OT Program's Facebook page: facebook.com/UWMadisonOT/
To ensure you receive an invitation, email the OT office at otoffice@education.wisc.edu or call 608.262.2936