

# Ingrid Intern

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## Education

### Bachelor of Science in Health Promotion and Health Equity

5/20xx

Certificate: Global Health

GPA: 3.87/4.00

Language Skills: French- Intermediate, Spanish- Excellent

University of Wisconsin-Madison, Madison, WI

Dean's List- 3 semesters

## Relevant Project

### Student, Planning, Facilitating, and Assessment in Movement

9/20xx-Present

- Developed fitness plan for 2 clients with varied low to high intensity workouts
- Utilized local, state, and national standards to construct appropriate learning tasks
- Presented results of planning and assessment of personal training to class
- Reflected on experience and made connections to career goals in field of health and fitness

## Work Experience

### Rec Well Assistant, Nicholas Recreation Center, Madison, WI

7/20xx-Present

- Promoted and maintained cleanliness and appearance of Rec Well facilities
- Responded to all emergency situations and implemented established protocol
- Attended department-wide and program specific trainings

### Server, Graze, Madison, WI

8/20xx-6/20xx

- Trained 6 new employees on operating and cash-out procedures
- Provided prompt and friendly service to promote return customers
- Recognized as "Employee of the Month" due to excellent customer service

### House Fellow, University Housing, Madison, WI

6/20xx-8/20xx

- Established rapport with all residents; engaged with residents having interpersonal or academic concerns
- Mentored and led students into making positive, healthy decisions

### Front Desk Assistant, Lowell Center, Madison, WI

8/20xx-5/20xx

- Communicated professionally through oral and written forms of correspondence with employees, coworkers, and the public
- Organized reservation lists received and filed past data in storage daily

## Civic Engagement

### Volunteer, Boys and Girls Club, Madison, WI

9/20xx-Present

- Completed administrative tasks including filing, data entry, and mailing
- Mentored and tutored youth in multiple subjects, including basic computer skills
- Facilitated educational games and athletic activities to engage students with their peers

### Volunteer, Clean Lakes Alliance, Madison, WI

9/20xx-5/20xx

- Helped protect lakes in the region with shoreline restoration projects or beach clean ups
- Raised awareness about how the environment's status affects the health of our community using social media marketing and presentations to local organizations